

## Muay Thai Boxing

### EP5 Learn The Art of Muay Thai Boxing



Want to get in shape and experience the ultimate fitness challenge? Come and join our intensive “Muay Thai” boxing Programme. Our team of English speaking Thai trainers are experts in Muay Thai and will provide you with an intense and professional Thai style training regime.

## WHATS INCLUDED?

**1 Week Programme (EP5) - £179**

4 weeks- £529

- **Accommodation for the week either at Camp Thailand or the Muay Thai Gym**
- **All boxing and training equipment (wrist and ankle wraps, , gloves, mouth guards a T-shirt and Muay Thai shorts)**
- **Return daily Transfer from Camp Thailand to the Muay Thai Gym**
- **A welcome orientation and seminar**
- **Full gym membership**
- **2 work outs a day with our professional trainers**

**For more information about this Elective Programme (EP4) Contact:  
Philip@CampThailand.Club**

